How to collect a pad urine sample for elderly patients (usually female) or babies

An Information Leaflet

April 2011
Before you start …

Wash your hands before collecting the specimen to reduce contamination.

You will need …

- A specimen container
- A specimen request form
- A specimen transport bag
- A special ‘urine pad’ available from your GP or the laboratory
- A syringe (without needle) available from your GP or the laboratory
- Disposable gloves (do not need to be sterile)
- Cotton wool balls or disposable wipe

When to collect the sample …

The sample is best collected first thing in the morning after waking and at the same time each day if more than one specimen is needed.

How to collect the sample …

- Wash your hands and put on the gloves.

- Clean the pubic area with soap and water but do not put any cream or talcum powder on until after the sample has been collected.

- Use cotton wool balls or a disposable wipe and swab and wash from front to back. This will prevent contamination of the specimen from faeces or bacteria normally present on the skin.

- Open the pad out and place inside ordinary clean panties or the nappy so that it covers the bottom. Check every 10 minutes or so to see if the pad is wet. As soon as the pad is wet, take it out of the panties. IF THE PAD IS SOILED YOU WILL HAVE TO START AGAIN.

- Once the pad is wet lay it down wet side up.

- Wash your hands.
- Tear the cover slightly, then take the syringe and place the tip so it penetrates the wet fibres and pull up the plunger, extracting urine from the pad.

- Hold the tip of the syringe over the open urine bottle and press the plunger down hard to squeeze out the urine. You may have to repeat this a couple of times to make sure that you have covered the bottom of the urine bottle (only 1ml or so is needed).

- Secure the top of the container tightly, place into specimen bag, seal properly, remove gloves and wash your hands.

**Please check the specimen container label has ...**

- Patient’s name, date of birth, address and sex
- The type of specimen (that is, pad urine)
- Time and date of collection

Place the container in the specimen transport bag and seal the top firmly.

**Please check the specimen request form has ...**

- Patient’s name, address, date of birth and sex
- The doctor’s name
- The type of specimen being sent (that is, pad urine)

Place the firm in the pouch of the specimen transport bag.

Take the sample back to the GP surgery by 10.00am the day you collected it. Ideally, samples should be examined within two hours of collection or 24 hours if kept refrigerated.

**Remember ...**

Wash your hands after collecting your sample. This will stop you contaminating the sample or passing any possible infections to other people.
If you would like further information or advice about collecting your sample, please telephone the Microbiology Laboratory on 0161 419 4695 or 4491.

More information on Laboratory tests may be found on www.labtestsonline.org.uk and from 1 April 2011 on the Stepping Hill Laboratory website at http://nhslabmedservices.co.uk
A free interpreting service is available if you need help with this information. Please telephone Stockport Interpreting Unit on 0161 477 9000. Email: eds.admin@stockport.gov.uk

如果你需要他人为你解释这份材料的内容，我们可以提供免费的传译服务，
请致电0161 477 9000史托波特传译部。

W przypadku gdybyś potrzebował pomocy odnośnie tej informacji, 
dostępne są usługi tłumaczeniowe. Prosimy dzwonić do Interpreting Unit pod numer 0161 477 9000.

參見可索取翻譯服務，如您需要翻譯，可致電0161 477 9000。

خدمات ترجمه وترجمة اتاحة على الطلب. لذا إذا كنت بحاجة إلى خدمات ترجمة، يُمكنك الاتصال بـ0161 477 9000.

وقد تكون هناك خدمات ترجمة متاحة إذا كنت بحاجة إلى ترجمة متميزة.

تتوفر خدمة ترجمة شفوية إذا طلبت المساعدة في فهم هذا المعلومات. ترجمة الاتصال لرقم
ال الهاتف: 0161 477 9000.

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